

# Community Connection

August to November 2022

## Black Community Connection

**Dates:**

Monday, August 29

Monday, October 3

Monday, November 7

**Time:**

6:00PM to 7:00PM ET

[To Join Click Here](#)

## International Community Connection

**Dates:**

Monday, September 12

Monday, October 17

Monday, November 14

**Time:**

6:00PM to 7:00PM ET

[To Join Click Here](#)

## 2SLGBT\*QA+ Community Connection

**Dates:**

Monday, September 19

Monday, October 24

Monday, November 21

**Time:**

6:00PM to 7:00PM ET

[To Join Click Here](#)

## The under 18 YOUTH Community Connection

**Dates:**

Monday, September 26

Monday, October 31

Monday, November 28

**Time:**

6:00PM to 7:00PM ET

[To Join Click Here](#)

## IMPORTANT

The Community Connection groups are peer-to-peer support resources for individuals and community members to get to know and support one another, learn from professionals how to navigate everyday challenges, and connect with long-term support resources.

While we aim for a prompt starting time and a full group of participants each session, this is not always possible. To honour the integrity, safety, and the intention of the Community Connection, we will end a session early if the number of participants is a concern.

We will only proceed forward with a session that has 2 or more participants in attendance.

## Connection Café

Every Tuesday and Thursday from 12:00 PM to 12:30 PM ET

[JOIN HERE](#)



[wellness@guard.me](mailto:wellness@guard.me)

[www.wellnessandlearning.me](http://www.wellnessandlearning.me)



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